



## VIRTUAL AND INSTRUCTOR LED TRAINING

Class durations do not include breaks or lunch, these are the actual training hours. The duration for each class could be longer depending on the number of breaks provided. When scheduling, SBD will provide a more accurate duration for scheduling purposes.

Training Topic	Duration in Hours	Min Price	Amount of Students	Per Person	Max Students	Special Requirements
OSHA 10 General and Construction	10	\$1,700.00	3 to 10	\$170.00	40	
OSHA 30 General and Construction	30	\$4,000.00	3 to 10	\$400.00	40	
Competent Person Fall Protection	4	\$850.00	up to 10	\$85.00	20	
Competent Person Excavation	4	\$850.00	up to 10	\$85.00	20	
Competent Person Scaffolds	8	\$1,700.00	up to 10	\$170.00	20	
First Aid/CPR/AED	6	\$1,250.00	up to 10	\$125.00	20	
Rigging/Signalman	8	\$1,700.00	up to 10	\$170.00	20	
Traffic Control (Flagger)	4	\$850.00	up to 10	\$85.00	20	
Forklift operator	2	\$875.00	up to 5	\$175.00	20	Equipment on site
Scissor lift operator	2	\$850.00	up to 10	\$85.00	20	Equipment on site
Boom lift operator	2	\$850.00	up to 10	\$85.00	20	Equipment on site
Earth moving equipment (per equipment)	2	\$850.00	up to 10	\$85.00	20	Equipment on site
Confined Space Training	4	\$850.00	up to 10	\$85.00	40	
Fire Watch Training	2	\$600.00	up to 10	\$60.00	40	
Bottle Watch training	1	\$600.00	up to 10	\$60.00	40	
NFPA 70E Arc flash	4	\$1,700.00	up to 10	\$170.00	20	
H2S	2	\$600.00	up to 10	\$60.00	40	
Asbestos Training	2	\$600.00	up to 10	\$60.00	40	
Compressed Natural Gas Training	2	\$600.00	up to 10	\$60.00	40	
Safeland	8	\$1,750.00	up to 10	\$175.00	40	
Safeland & SafeGulf	10	\$2,000.00	up to 10	\$200.00	40	
GHS	4	\$850.00	up to 10	\$85.00	40	
Sillica	4	\$850.00	up to 10	\$85.00	40	
TTT - Price is in addition to the competent person Training	4	\$2,250.00	up to 5	\$450.00	15	Laptop, comp person
Active shooter training	3	\$850.00	up to 10	\$85.00	40	

Additional Training Topics	Min 2 Hours	Min Price \$850	Per Person \$85	Max Students 40	
PPE					
Ladders					
Material Handling					
Hand/Power Tools					
OSHA Inspections					
Machine Guarding					
Lockout/Tagout					
Fire Extinguisher					

For classes with more than 10 students, please contact us for quantity discounts.

For classes located outside the Houston Metropolitan Area or further than 50 miles from our office, please contact us for pricing.