



## VIRTUAL AND INSTRUCTOR LED TRAINING

Class durations do not include breaks or lunch, these are the actual training hours. The duration for each class could be longer depending on the number of breaks provided. When scheduling, SBD will provide a more accurate duration for scheduling purposes.

Training Topic	Duration in Hours	Min Price	Amount of Students	Per Person	Max Students	Special Requirements
OSHA 10 General and Construction	10	\$1,700.00	3 to 10	\$170.00	25	
OSHA 30 General and Construction	30	\$4,000.00	3 to 10	\$400.00	25	
Competent Person Fall Protection	4	\$950.00	up to 10	\$95.00	20	
Competent Person Excavation	4	\$950.00	up to 10	\$95.00	20	
Competent Person Scaffolds	8	\$1,900.00	up to 10	\$190.00	20	
First Aid/CPR/AED	8	\$1,250.00	up to 10	\$125.00	20	
Rigging/Signalman	8	\$1,900.00	up to 10	\$190.00	20	
Traffic Control (Flagger)	4	\$950.00	up to 10	\$95.00	20	
Forklift Operator	4	\$975.00	up to 5	\$195.00	20	Equipment on site
Scissor Lift Operator	4	\$950.00	up to 10	\$95.00	20	Equipment on site
Boom Lift Operator	4	\$950.00	up to 10	\$95.00	20	Equipment on site
Earth moving equipment (per equipment)	4	\$950.00	up to 10	\$95.00	20	Equipment on site
Confined Space Training	4	\$950.00	up to 10	\$95.00	20	
Fire Watch Training	3	\$650.00	up to 10	\$65.00	20	
Bottle Watch training	2	\$650.00	up to 10	\$65.00	20	
NFPA 70E Arc Flash	8	\$1,900.00	up to 10	\$190.00	20	
H2S Awareness	6	\$1,500.00	up to 10	\$150.00 over 10	20	
H2S Clear	6	\$2,150.00	up to 10	\$215.00 over 10	20	
Asbestos Training	2	\$650.00	up to 10	\$65.00	20	
Compressed Natural Gas Training	2	\$650.00	up to 10	\$65.00	20	
Veriforce SafeLand	9	\$2,500.00	up to 10	\$250.00 over 10	20	
GHS	4	\$950.00	up to 10	\$95.00	20	
Silica	4	\$950.00	up to 10	\$95.00	20	
TTT - Price is in addition to the Competent Person Training	6	\$2,400.00	up to 5	\$480.00	10	Laptop Required – Must be experienced in subject matter
Active shooter training	4	\$850.00	Per class		40	These are educational seminars ONLY

Additional Training Topics	Min 2 Hours	Min Price \$650	Per Person \$65	Max Students 25
PPE				
Ladders				
Material Handling				
Hand/Power Tools				
OSHA Inspections				
Machine Guarding				
Lockout/Tagout				
Fire Prevention/Protection				

For classes with more than 10 students, please contact us for quantity discounts.

For classes located outside the Houston Metropolitan Area or further than 50 miles from our office, please contact us for pricing.